

# OCTOBER

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**Alternate Lunches Available:  
Ham, Turkey, Cheese Hoagie or Sandwich, Baked Chicken Nuggets,  
Large Chef Salad or Assorted Cereals w/Milk & Yogurt**

**Please let us know what Alternate Lunch  
your Child would like when you place his/her order.**

**Please make checks payable to Duke Catering.**

## October is National Pizza Month!

Pizza comes from the Latin root word *Picea* which means the blackening of crust by fire.

We consume around 251,770,000 pounds of pepperoni every year  
36 percent of all pizza orders have pepperoni on their pizza.

Each person in America eats about 46 pizza slices a year.  
Popular gourmet toppings are chicken, oysters, crayfish, dandelions,  
sprouts, eggplant, cajun shrimp, artichoke hearts, and tuna.



**Menu subject  
to change**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Oct 1</b> a) Chicken Patty Sandwich OR b) Cheese Melt  Cucumber Slices w/FF Dip Fresh Fruit	<b>2</b> a) Sausage & Cheese Bagel OR b) Corn Dog  Apple Sauce Broccoli	<b>3</b> a) Cinnamon Cream Cheese Bagel Stick OR b) Pasta with Sauce  Side Salad/Pudding	<b>4</b> a) Personal Pizza OR b) Buffalo Chicken Quesadilla  Carrots/Cookie	<b>5</b> <b>Early Dismissal</b>  <b>No Lunch Provided</b>
<b>8</b> a) BLT Wrap OR b) Mac & Cheese Bites  Pasta Salad Whole Fruit	<b>9</b> a) Cheese Steak OR b) Popcorn Chicken  Fried Rice Fresh Fruit	<b>10</b> a) Beef & Cheese Burrito OR b) Pepperoni & Cheese Melt  Nachos w/Salsa Vanilla Pudding	<b>11</b> a) Hot Dog OR b) Chicken Nuggets  Goldfish Chilled Peaches	<b>12</b> <b>Pizza</b>
<b>15</b> a) Bagel and Cream Cheese OR b) Chicken Tenders  Baby Carrots with FF Dip Vanilla Pudding	<b>16</b> a) Meatball Sandwich OR b) Chicken & Cheese Taco  Nachos with Salsa Pineapple Chunks	<b>17</b> a) Mini Pancakes with Bacon OR b) Popcorn Chicken  Corn Baked Sliced Apples	<b>18</b> a) Loaded Nachos OR b) Chicken Parm Sandwich  Mixed Green Salad Cookie	<b>19</b> <b>Pizza</b>
<b>22</b> <b>No School</b>  <b>Teacher In-Service</b>	<b>23</b> a) Chicken Patty Sandwich OR b) Warm Pepperoni and Cheese Wrap  Corn and Peas/Rice Pudding	<b>24</b> a) Pizza Krunchers OR b) Hot Turkey Sandwich  Pretzels Mandarin Oranges	<b>25</b> a) Walking Taco OR b) Ham & Cheese Melt  Graham Crackers Vanilla Pudding	<b>26</b> <b>Pizza</b>
<b>29</b> a) Hot Dog OR b) Macaroni & Cheese  Goldfish Applesauce	<b>30</b> a) BLT Wrap OR b) Personal Pizza  Cookie Peaches	<b>31</b> a) Meatball Parm Sandwich OR b) Chicken Nuggets  Fries Graham Crackers	<b>Nov 1</b> <b>No School</b>	<b>2</b> <b>Early Dismissal</b>  <b>No Lunch Provided</b>