Annual OLMC Mercy 5k

Saturday, March 16, 2019

THE RACE

WHAT: OLMC MERCY 5K
OLMC MERCY 1 MILE WALK
Must complete 5k in 1 hour

WHEN: March 16, 2019
8am Registration
9am Start

WHERE: Our Lady of Mt. Carmel School
Cedar Avenue
Berlin, NJ 08009
(856) 767– 1751

The first 100 registered participants will receive a Logo running cap

PACKET PICK-UP

Race Morning
Starting at 8am

Register online :

Runsignup.com/Race/NJ/Berlin/OLMCMercy5k

RACE ENTRY FEES (non-refundable)

MAKE CHECKS PAYABLE TO: **OLMC SCHOOL**

5K Run	$30.00	Race day	$40.00
1 Mile Walk	$30.00	Race day	$40.00

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

EMAIL _____

Please check which applies:

ALUMNI _____ STUDENT _____ AGE _____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including cold, snow and/or ice, high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release OLMC School, its administration and staff, the city of Berlin Borough/Berlin Twp. and its employees, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. I understand that headsets of any kind, dogs on leashes, in –line skates, bicycles and vehicles to transport children are prohibited and that violation of this prohibition will result in disqualification.

Signature (signature of parent if minor _____ Date _____