

# FEBRUARY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**February is National Cherry Month!**

Why do we make a fuss about cherries in February? We celebrate George Washington's birthday in February, and it is said that he once told his father "I cannot tell a lie father, it was I who cut the cherry tree down." What is more American than celebrating his birthday, as well as Presidents' Day, by having cherries? They are rich in potassium, vitamin A and beta-carotene. Eating cherries help with pain relief, prevention of heart disease and cancer, and reduced inflammation.

PLEASE LET US KNOW WHAT ALTERNATE LUNCH YOUR CHILD WOULD LIKE WHEN YOU PLACE HIS/HER ORDER.

ALTERNATE LUNCHES AVAILABLE:  
HAM, TURKEY, CHEESE HOAGIE OR SANDWICH,  
BAKED CHICKEN NUGGETS, LARGE CHEF SALAD OR  
ASSORTED CEREALS W/MILK & YOGURT

CHECKS PAYABLE TO DUKE CATERING

6

- a) Chicken Nuggets  
OR
- b) Rib-A-Que Sandwich  
Corn  
Pineapple Chunks

7

- a) Cheeseburger  
OR
- b) Chicken Caesar Wrap  
Cucumber Slices w/FF Dip  
Vanilla Pudding

8

- a) French Toast and  
Sausage  
OR
- b) Hot Turkey Sandwich  
Salad  
Orange Slices

9

- a) Soft Taco Beef/Cheese  
OR
- b) Cheese Melt  
Nachos & Salsa  
Fresh Fruit

10

PIZZA  
PROVIDED BY  
PTA

13

- a) Pasta with Tomato Sauce  
OR
- b) Chicken Patty Sandwich  
Salad  
Rice Pudding

14

HAPPY VALENTINE'S DAY! 

- a) Popcorn Chicken  
OR
- b) BBQ Pulled Pork  
Sandwich  
Goldfish Cup  
Fresh Baked Cookie

15

- a) Ravioli/Tomato Sauce  
OR
- b) Pepperoni & Cheese Melt  
Salad  
Oranges

16

- a) Chicken Tenders  
OR
- b) Corn Dog  
Pretzels  
Chocolate Pudding

17

PIZZA  
PROVIDED BY  
PTA

20



21

- a) Cheese Melt  
OR
- b) Spicy Chicken Sandwich  
Chicken Noodle Soup  
Baked Apple Slices

22

- a) Meatball Sandwich  
OR
- b) Mozzarella Sticks  
Carrots w/FF Dip  
Banana

23

- a) Bacon, Egg & Cheese  
Bagel  
OR
- b) Turkey Hoagie  
Goldfish Cup  
Applesauce

24

PIZZA  
PROVIDED BY  
PTA

27

- a) Popcorn Chicken  
OR
- b) Chicken Salad Wrap  
Corn/Peas  
Mixed Fruit

28

- a) Corn Dog  
OR
- b) Nacho Grande Beef/  
Cheese  
Salsa  
Grapes

MAR  
1

TASH  
WEDNESDAY

2

- a) Chicken Patty Sandwich  
OR
- b) Sloppy Joe Sandwich  
Carrot Sticks with Dip  
Chocolate Chip Cookie

3

EARLY DISMISSAL

NO LUNCH  
PROVIDED

DUKE CATERING SCHOOL LUNCH PROGRAM